			Canal									
		Total	or Rail	Multi		Creek				Back		
	Difficulty	Mileage	Trail	use	Hike	Walk	Bike	Ski	Horses	Pack	Paved	BK
Fair Haven Beach State Park	E	2.3			х			х				ST
An active park for camping, boating & hiking.												
Fillmore Glen State Park	D	4.8			х							TH
Fillmore Glen State Park	D	4.8			х							WF
Walk up the gorge to view spectacular waterfalls												
Bear Swamp State Forest Trails	М	13.0		х	х		mb	Х	х			TH
Bear Swamp State Forest Trails	D	7.8		х	х		mb	Х	Х			TE
Bear Swamp State Forest Trails	М	13.0		х	х		mb	х	Х			S
Bear Swamp State Forest Trails	М	4.7		х	х		mb	х	Х			PE
A remote network of trails through forest.												
Howland Island Trails	М	15.0		х	х		Х	Х	Х			TH
Howland Island Trails	М	15.0		х	х		Х	х	х			TE
Howland Island Trails	М	19.5		х	х		Х	х	х			S
A full island for hiking and biking on woods trails and	abandoned		ls around	water	impoun	dments						
Auburn-Fleming Trail	Е	1.0	х	Х	х		Х	х				Th
Auburn-Fleming Trail	Е	1.0	х	х	х		Х	х				TE
A rail-trail covered with a tree canopy.												
Cayuga County Erie Canal Recreational Trail	Е	9.3	х	х	х		Х	х				TH
Cayuga County Erie Canal Recreational Trail	Е	9.3	х	Х	х		Х	х				TE
A trail that winds along the path of an abandoned sec												
Sterling Lakeshore Park & Nature Center	Е	16.0			х			х				S
A network of trails along the shore of Lake Ontario.												
Hannibal Hojack Trail	Е	6.6	х	х	х		Х	х	х			TE
A rail-trail covered with a tree canopy.												
North Trail (Cayuga County Trail) (Fair Haven-Cato Trail)	Е	13.0	х	Х	х		Х	х	х			TE
A rail-trail covered with a tree canopy.												<u> </u>
Dorothy McIlroy Bird Sanctuary	Е	1.5			х							
A unique walk through a peat swamp area.		_										<u> </u>
Casey Park Trails, Auburn	Е	1.0		Х	х		Х	х			х	TE
An active park with paved trails.		_										
Cayuga Community College Nature Trail	Е	1.0			х							<u> </u>
A short but pleasant nature trail.		_										<u> </u>
Bahar Nature Preserve	М	0.5			х							
A short walk through a mature forest near Skaneatele					,							
Frozen Ocean State Forest	M	2.0			Х							
Carpenter Falls	D	0.6			Х							WI
A short hike to a beautiful waterfall.					, ,							