					Canal									
				Total	or Rail	Multi		Creek				Back		
			Difficulty	Mileage	Trail	use	Hike	Walk	Bike	Ski	Horses	Pack	Paved	BK
Chemung County														
	Tanglewood Nature Center - Gleason Meadows & Frenchman's Bluff		D	7.0			x			x				ST
		Trails to a pretty valley overlook.												
	Park Station Recreation Area		M	6.2			x			x				ST
		An active park for camping & water recreation & trails.												
Cortland County														
	Lime Hollow Nature Center		M	3.0			x			x				TH
	Lime Hollow Nature Center		M	4.0			x			x				ST
		A network of loop trails through woods.												
	Heiburg Memorial Forest		E	8.0			x			x				ST
		A network of trails through woods.												
	Tuller Hill State Forest		D	9.0			x			x				ST
		A hilly network of trails through woods.												
	Greek Peak Nordic Ski Center		M	10.0						x				ST
		Trails reserved for cross-country skiing.												
	James B. Kennedy State Forest		D	15.0			x			x				ST
	James B. Kennedy State Forest - Virgil Mountain		D	4.7			x			x				PE
		A network of trails through woods.												
	Finger Lakes Trail to Chippewa Falls		M	1.5			x							WF
		A short walk to a pretty waterfall.												
	Finger Lakes Trail to Spicer Falls		M	0.7			x							WF
		A short walk to a pretty waterfall.												
	Tinkers Falls		E	0.5			x							WF
		You can walk behind this waterfall.												